

Contra Costa County  
Advisory Council on Aging

Aging & Adult Services  
400 Ellinwood Way  
Pleasant Hill, CA 94523  
(925) 602-4172 – Office  
(925) 602-4178 - Fax



PLEASE CALL (925) 602-4175 IF  
YOU ARE UNABLE TO MAKE  
THIS MEETING WITHIN 24  
HOURS OR IF YOU ARE LATE

Cell Phone Reminder:  
Please turn your cell phone off  
or switch to vibration mode  
during meetings.

Health Workgroup  
Thursday, March 14, 2019 • 9:30 – 11:30 a.m.  
500 Ellinwood, Classroom, Pleasant Hill

**AGENDA**

- 9:30 Welcome and Announcements – Susan Frederick, Chair  
Approve March Agenda –  
Approval of the February Minutes –  
Announcements and Correspondence – S. Frederick

Presentations:

- Margaret Stauffer, Chief Mission Officer, Cancer Support Community
- Sue Guest, Public Health Nurse

Work Group Project: Meals on Discharge

Member Reports (time permitting)

- AARP – Nuru Neemuchwalla
- Legislative – Lenore McDonald/Nancy Leasure
- Dementia/Alzheimer’s – Jennifer Doran
- Nursing Homes – Fred Adams
- Older Adults Mental Health – Glenda Pacha
- Caregiver Resources – Fred Adams
- Other Reports?

Action Items for Executive Committee?

Public Comment – All

11:30 Adjourn

The Contra Costa County Advisory Council on Aging and its committees will provide reasonable accommodations for persons with disability planning to attend the above noticed meeting if they call 925 602-4175 at least 48 hours in advance of the meeting. **(To best arrange such accommodations, we would appreciate requests being made at least 72 hours in advance of the meeting.)**

THE CONTRA COSTA COUNTY ADVISORY COUNCIL ON AGING IS APPOINTED BY THE BOARD OF SUPERVISORS TO ADVISE THE AREA AGENCY ON AGING ON ALL MATTERS RELATED TO THE DEVELOPMENT AND ADMINISTRATION OF THE ANNUAL AREA AGENCY PLAN AND OPERATIONS CONDUCTED THEREUNDER, IN ACCORDANCE WITH MANDATES FROM THE OLDER AMERICANS ACT. ANY COMMENTS OR RECOMMENDATIONS MADE BY THE COUNCIL OR ITS INDIVIDUAL MEMBERS DO NOT REPRESENT THE OFFICIAL POSITION OF THE COUNTY OR ANY OF ITS OFFICERS.