

Alcohol & Drug Abuse

Al-Anon..... 1-888-425-2666
Alcohol & Other Drugs ACCESS 1-800-846-1652
Alcoholics Anonymous..... 925-939-4155
DUI Programs..... 925-932-8100
Narcotics Anonymous..... 925-685-4357
DETOX TREATMENT CENTERS
BAART—California Detox Pgm. .. 925-522-0124
 Outpatient methadone and buprenorphine detoxification, maintenance and counseling services.
East County Wollam House..... 925-427-1384 (Bi-Bett Corporation)
 24-hour non-medical detoxification program for women. 90-day residential program.
Pueblos del Sol (Men)..... 925-676-2580 (Bi-Bett Corporation)
 24-hour non-medical detoxification program for men. 90-day residential program.
The Center for Recovery..... 925-674-4100 (John Muir Health)
 Drug and alcohol inpatient and outpatient program for adults.

TREATMENT / COUNSELING

A Chance for Freedom (Bi-Bett) ... 925-685-9550
 Outpatient substance abuse treatment and relapse prevention programs.
Bridge Day Treatment 1-800-785-2400
 Outpatient substance abuse treatment services.
Cole House..... 1-800-785-2400
 90 to 180-day residential program for males 18+
Crossroads Recovery Center 925-682-5704
 Outpatient substance abuse treatment services for individuals who require minimal support.
Diablo Valley Ranch (Bi-Bett)..... 925-672-5700
 90-day residential recovery and relapse prevention program.
Discovery House..... 925-646-9270
 90-day residential substance abuse treatment for men.
Frederic Ozanam Center 925-676-4840
 Residential treatment program for women
Men and Women of Purpose..... 1-855-697-5683
 Outpatient treatment services and mentoring program for men and women exiting the jail system
Neighborhood House 510-229-5000
 90-day residential substance abuse treatment and a 7-day detoxification program.
Substance Abuse Screening, Brief Intervention & Referral..... 925-313-6385 (CCHS/Healthy Start)
Ujima Family Recovery Services
 East 510-215-2280
 West 925-427-9100
 La Casa Ujima Residential 925-229-0230
 The Rectory Women’s Recovery 510-236-3134
 Outpatient and residential substance abuse treatment services for pregnant and parenting women with young children.

SMOKING CESSATION

California Smokers Helpline .. 1-800-NO-BUTTS
 1-800-844-CHEW

Anger Management Classes

Alpha Family Services 510-435-5298
Crockett Counseling Center 925-370-6544
Mt. Diablo Adult Education 925-685-7340
STAND! For Families Free of Violence 1-888-215-5555
Touchstone Counseling Services 925-932-0150

Disability Services

CA Dept. of Rehabilitation 925-602-3953

Independent Living Resource ... 925-363-7293
Regional Center of the East Bay .. 925-798-3001
Social Security..... 1-800-772-1213

Employment Services/Job Training

Bay Point Works..... 925-252-2331
Child Care Job Bank 925-676-5442
Experience Unlimited..... 925-602-0166
Goodwill Industries of the Greater East Bay 510-706-9024
 On-the-job training for persons with barriers to employment.
One-Stop Center – Brentwood ... 925-634-2195
One-Stop Center – Antioch..... 925-706-4830
One-Stop Center – San Pablo ... 510-412-6740
One-Stop Center – Concord 925-671-4500
Opportunity Junction (Antioch) ... 925-776-1133
 Prepares low-income adults for administrative careers
Richmond Works – Richmond..... 510-307-8014
Rubicon – Economic Empowerment
 Antioch 925-399-8990
 Richmond 510-412-1725
 Vocational training, placement, and rehabilitative services to individuals 18 + homeless, very low income adults and people with past convictions.
St. Vincent de Paul..... 925-439-5060
 Employment opportunities and on-the-job-training to those experiencing employment barriers
The Stride Center
 Concord 925-682-8248
 San Pablo 510-234-1300
 Job training, job placement and computer skills training certificates.

Eviction/Rental Assistance

EVICTION ASSISTANCE

Bay Area Legal Aid..... 1-800-551-5554
ECHO Fair Housing 1-855-257-3246
 (Concord and Walnut Creek residents only)
Eviction Defense Center 510-452-4541
 (Richmond Court cases only)
Pacific Community Services 925-439-1056

RENTAL ASSISTANCE

Concord Family Service Center .. 925-825-3099
GRIP Resource Center 510-233-2141
Season of Sharing 925-521-5065
Shelter, Inc. 925-335-0698

Family Services

CC Child Care Council 1-866-262-6543
Head Start Programs
 (CCC Community Services Bureau) ... 925-313-1551
Kinship Supportive Services 925-602-1750
 Resources for relatives raising the child of a family member; this is primarily but not only grandparents raising their grandchildren.
CRISIS CHILD CARE
Bay Area Crisis Nursery (Ages 0-5) .. 925-685-8052
Dahlstrom House (Ages 6-12) 925-685-3695

Financial Assistance

CalWORKs (Families)..... 1-877-505-4630
General Assistance (Individuals) 1-877-505-4630

Food and Clothing

Clothing
 Antioch Ministerial Fellowship..... 925-757-1672
 Deacon’s Care Closet, Walnut Creek .. 925-937-3978
 Grace Bible Fellowship, Antioch..... 925-522-2017
 Hillcrest Church, Pleasant Hill..... 925-689-0550
 St. Vincent de Paul, Pittsburg 925-439-5060

Wardrobe for Opportunity 510-463-4100
Food Bank of Contra Costa & Solano
 (Groceries, pantries, meals) 1-800-870-FOOD
Food Pantries & Soup Kitchens..... 211
GRIP Souper Center (hot meal) 510-233-2141
 165 22nd Street, Richmond, Daily, 11:30-12:45
Loaves & Fishes Dining Rooms
 (hot meal) 925-687-6760
 403 West 6th St., Antioch, Mon-Fri, 11-12:30
 62 Bella Vista, Bay Point, Mon-Fri, 11-12:45
 1924 Trinity Ave., Walnut Creek, Tue&Thu, 11-12:45
 1802 Alhambra Ave., Martinez, Mon-Fri, 11-12:45
 1403 Main St., Oakley, Mon-Fri, 11-12:45
 1415 Simpson Ct., Mon-Fri, 11-1
WIC Program..... 1-800-414-4942
 Pregnant women breastfeeding or with children 0-5

GED/Education

Acalanes Adult Education 925-280-3980
Antioch Adult Education 925-706-5310
CC Office of Ed. CTE/ROP 925-942-3368
 Communications, Computer Technology, Health & Human Services, Industrial/Engineering Technology
Lao Family Community Development
 510-215-1220
Liberty Adult Education 925-634-2565
Literacy for Every Adult Program (LEAP)
 510-307-8084
 (Richmond Public Library) Free one-on-one program to improve ability to read and write.
Martinez Adult Education..... 925-228-3276
Mt. Diablo Adult Education 925-685-7340
Pittsburg Adult Education 925-473-4460
Project Second Chance..... 925-927-3250
 (Contra Costa Library) Free, confidential, one-on-one basic literacy instruction.
West Contra Costa Adult Ed...... 510-215-4666

Health and Dental Care

ADVICE AND HEALTH INSURANCE

Advice Nurse 1-877-661-6230
Contra Costa Health Centers..... 1-800-495-8885
Patient Financial Counseling
 (Health Insurance)..... 1-800-771-4270
US Uninsured Help Line..... 1-800-234-1317

COMMUNITY CLINICS

BAART Healthcare East 925-522-0124
BAART Healthcare West 510-232-0874
Berkeley Free Clinic..... 1-800-625-4642
Brookside Community Health Center
 Richmond 510-215-5001
 San Pablo 510-215-9092
Contra Costa County Health Services Health Centers..... 1-800-495-8885
Healthcare for Homeless Mobile Van
 Call for locations/day/time 211
La Clínica
 Concord (Monument)..... 925-363-2005
 Oakley..... 925-776-8240
 Pittsburg..... 925-431-1251
U.C. Berkeley Optometry..... 510-642-2020
Mobile Health Clinic..... 925-363-7588
Planned Parenthood 1-800-230-PLAN
RotaCare Clinic
 Cambridge Elementary School, Concord (Call Thursdays 1-3 for appointment)..... 925-439-2009
 St. Vincent de Paul Society, Pittsburg
 (Call Wednesdays 1-3 for appointment) 925-429-6409
 Brighter Beginnings, Richmond
 (Call Tuesdays 1-3 for appointment) 510-213-6678
Sutter Delta Community Clinic..... 925-779-3676

DENTAL SERVICES

1-800-DENTIST 1-800-Dentist
Brookside Community Health Center
 Richmond 510-215-5001
 San Pablo 510-215-9092
Contra Costa Health Services Dental Clinics
 1-877-905-4545
 Bay Point, Martinez, Pittsburg, San Pablo
La Clínica Dental Clinic
 Pittsburg 925-431-1251
 Concord 925-363-2005
Dental Hygiene Clinic 925-685-1230, ext. 2534
 (Diablo Valley College)
University California San Francisco
Dental School 415-476-1891
Denti-Cal/Medi-Cal Dental Program
 1-800-322-6384

Housing/Shelter/Drop-in Centers

Bay Area Rescue Mission Shelters

Men 510-215-4868
 Women/families 510-215-4860

Berkeley Shelter Bed Hotline

Families 1-866-960-2132

Casa Vicentia

Pregnant women 510-729-0316

Contra Costa County Emergency Shelters

Singles only (Concord and Richmond) 1-800-799- 6599
Domestic Violence Shelter (Stand!)
 1-888-215-5555

GRIP Resource Center 510-233-2141

Shelter for single parent with children, pregnant woman with or without partner or with children in common.

Love-A-Child Shelter

Women and women with children 925-458-5663

Pacheco/MTZ Homeless Outreach

(Martinez/Concord, Pleasant Hill) 925-812-3511

Shepherd's Gate 925-308-7507

Women and women with children

Shelter, Inc. 925-335-0698

Families in emergency shelter or homeless

Immigrant & Refugee Services

Immigration & Citizenship Program

(International Institute of the Bay Area) 925-237-8581

Immigration & Naturalization Services

(Catholic Charities of the East Bay) 925-825-3099

Legal Services/Expungement

Bay Area Legal Aid 925-219-3325

Free legal representation

CCC Bar Association 925-825-5700

Lawyer Referral Service

Clean Slate Expungement Services

(Contra Costa Public Defender's Office)

Martinez 925-335-8000

Family Law Facilitator 925-957-7887

Divorce, Child Custody, Support, Paternity issues help

Rubicon Legal Services 510-232-6611

Victim Witness Assistance 925-957-8650

(Contra Costa District Attorney's Office)

Mental Health/Counseling

Access Mental Health Appointment Line for Contra Costa County 1-888-678-7277

Contra Costa Crisis Center 1-800-833-2900

Central County Wellness & Recovery Center

(Mental Health Consumer Concern) 925-521-1230

Peer support services and social activities for adult mental health recipients

Community Counseling Center .. 925-798-9240

(John F. Kennedy University)

Individual, couple, and family counseling Concord Family Services Center 925-825-3099

(Catholic Charities of the East Bay)

Individual therapy, couples therapy, family therapy, child/adolescent therapy, group therapy, pre-marital counseling, and workshops.

Crockett Counseling Center 925-370-6544

Counseling including individual, family, adult anger management classes, 52 week court-ordered parenting class.

National Alliance for the Mentally III (NAMI)

..... 925-465-3864

Support for people with mental illness and their families

National Suicide Hotline 1-800-273-TALK

Power Program (Dual Diagnosis) .. 925-685-7613

(Anka Behavioral Health)

Services to consumers with co-occurring psychiatric and substance abuse problems

Multi-Service Centers

Calli House 1-800-610-9400

Transition Youth Age (18-25) Services

FERST Multiservice Center

(Anka Behavioral Health, Inc.)

Homeless specific support services

Central 925-685-7613

East 925-778-3750

West 510-232-7571

Monument Crisis Center 925-825-7751

Neighborhood House 510-229-5000

North Richmond Family Service Center

..... 510-374-7111

Reentry/Reunite Project

(Reach Fellowship International)

Women Only 510-289-7901

Rubicon Programs 510-235-1516

SparkPoint Bay Point 925-252-2300

SparkPoint West Contra Costa .. 510-779-3200

Parenting Classes

Antioch First 5 Center 925-757-5303

Bay Point First 5 Center 925-709-1598

Brighter Beginnings

Antioch 925-757-5303

Richmond 510-236-6990

Counseling Options and Parenting Education

(C.O.P.E.) 925-689-5811

Delta First 5 Center 925-516-3880

Monument Community First 5 Center 925-671-3267

Positive Parenting Program 925-689-5811

Proud Parenting Program 925-603-0125

(STAND! For Families Free of Violence)

Parenting program for fathers and mothers 25 years old or younger.

West County First 5 Center 510-232-5650

Trade/Union Apprenticeship

Apprenticeship Program 925-228-0930

(Laborers Local 324 – Construction & General Laborers)

Apprenticeship Program 925-686-5880

(Laborers Local 342 – UA Welding and Pipefitters)

Apprenticeship Program 925-556-0858

(Northern CA Laborers Training Center)

Transportation

AC Transit 510-891-4700

BART 925-676-2278

Bay Area Travel Information 511

County Connection/County Link .. 925-676-7500

Dial-A-Ride 925-754-3060

Dial-a-Ride/WestCAT 510-724-7993

Richmond Paratransit 510-307-8026

Tri-Delta 925-754-4040

WestCAT/Martinez Link 510-724-7993

Utility Bill Payment Assistance

California Alternate Rates for Energy (CARE) Program 1-800-743-2273

Low-Income Home Energy Assistance Program (LIHEAP) 925-335-8900

Medical Baseline Program Relief for Energy

..... 1-800-743-5000

Relief for Energy Asst. Through Community Help (REACH) 1-800-933-9677

Utility Shut-off Assistance 1-800-743-5000

Veterans

Contra Costa County Veterans Services

..... 925-313-1481

Concord Veterans Center 925-680-4526

Martinez VA Outpatient Clinic 1-800-382-8387

Supportive Services For Veteran Families

(Shelter, Inc.) 925-957-7579

Veterans Employment Network 510-655-3552

Veterans Justice Outreach 510-587-5002

Support for incarcerated Veterans; will coordinate post-release Veteran services.

Veterans Suicide Hotline 1-800-273-TALK

For information and referral on health and human services

Call 211

24/7 Spanish & English

Or go to:

www.211database.org

211 in Contra Costa is operated by the Contra Costa Crisis Center.

Probation Department

925-313-4000

Parole Office

925-602-6550

This resource guide is a collaborative effort of the Contra Costa Crisis Center, Contra Costa County Probation Department and the Community Corrections Partnership Community Advisory Board

