



## Contra Costa County

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### NEWS RELEASE:

### Veterans' Voices Celebrates 50th Show Milestone September 17<sup>th</sup>

(Martinez, CA) - Veterans' Voices celebrates a milestone with its 50th show that will air live on **Monday, September 17<sup>th</sup>, 2018 at 7pm** on Facebook, the County's website [www.cccounty.us](http://www.cccounty.us), and Contra Costa Television (CCTV). The show has come a long way since it began in 2014. From the opioid crisis to mental wellness to the upcoming *Equine Therapy* topic, Veterans' Voices covers topics that are relevant and supportive of our country's veterans.

"This show is important because it is produced by veterans and for veterans. It gives local veterans a voice and a community," said Supervisor Karen Mitchoff, Chair of the Contra Costa County Board of Supervisors. "The County congratulates Veterans' Voices and is pleased to help make the show a reality."

"Those who work on the show, including veterans like myself, want to express our sincere gratitude to the audience for tuning in," expressed Nathan Johnson, Veterans Services Officer for Contra Costa County. "Many of our past programs remain relevant to the veteran community, and can continue to be shared via the internet."

He added, "What a great opportunity to have partnered with our key funding partner, CalVet, and the County's Contra Costa Television!"

The monthly, locally produced live talk show on CCTV has enriched its programming over the years, thanks to ongoing grant support from CalVet. *A Vet's Voice* and *Vet on the Street* segments were added. And local veterans get recognition with the display of their shadow boxes highlighting their service accomplishments during each show.

The topic for the 50<sup>th</sup> Veterans' Voices show on September 17, 2018 from 7pm to 8pm is ***Equine Therapy and the Veteran Community***. The show will discuss how horses support healing in our Bay Area Veteran community. It will explore the influence that horses can have on returning veterans. Horses can help us discover parts of ourselves that lie beyond our awareness, whether you're a military veteran or civilian. They mirror relationships in our lives and exhibit qualities like acceptance, patience, compassion, and forgiveness.

Johnson said, "It is this profound power of horses to heal and teach us about ourselves that we get a chance to explore this month."

Join the Veterans' Voices conversation. Viewers can call in during the live show at (925) 313-1170, email comments and questions to [veteransvoices@contracostatv.org](mailto:veteransvoices@contracostatv.org), or send a message through Facebook @VeteransVoices1.

The Veterans' Voices monthly program can be seen [live online](#) on the County's website and [Facebook](#) @Veteransvoices1. The show will broadcast live and re-run multiple times on Contra Costa Television (CCTV) at [www.contracostatv.org](http://www.contracostatv.org). CCTV can be found on Comcast Channel 27, Astound Channel 32, and AT&T U-Verse Channel 99 throughout Contra Costa County.

For more information about the program, show topic or to arrange interviews, including many veterans who volunteer to work on this locally produced talk show for veterans, contact County Veterans Services Officer, Nathan Johnson, at [nathan@vs.cccounty.us](mailto:nathan@vs.cccounty.us) or (925) 313-1481.

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